LLETZ Procedure
LLETZ procedure [Large Loop Excision of the Transformation zone of the Cervix]
Following an abnormal Pap smear and subsequent investigation with Colposcopy the surface of your cervix has shown changes or abnormal cells [dysplasia] This may be mild or severe and there is no way of knowing which type of dysplasia will become a problem.

The LLETZ treatment for cervical dysplasia aims to totally remove the abnormal cells from the cervix.

The Procedure
Your are advised not to take Aspirin or Aspirin – type tablets for one week before and after the LLETZ treatment

This is done under a General Anaesthetic. A vaginal speculum is inserted into the vagina so that the cervix can be visualized and then a special wire loop is used to remove the abnormal cells from the cervix. The procedure takes about 20 minutes.

You will need to fast for 6 hours prior to the procedure and you will be admitted to hospital for a short day stay.

You may experience some slight ‘period-like’ discomfort for a day or so.

Paracetamol or Codeine may be used to relieve this.

What to expect after the LLETZ procedure
Bleeding may be slight or as much as a heavy period initially. The cervix takes one to three weeks to heal and you may have a heavy discharge during this period of time.

Please use pads and liners rather than tampons [to encourage healing and help prevent infection]. For the first few weeks avoid intercourse [which could cause further bleeding] and avoid exercise like jogging and aerobics or anything which could cause jarring movements. Avoid using swimming pools and spas. You can have showers and swimming in the ocean is fine.

Warning signs of infection
- heavy vaginal blood loss [twice a normal period or more]
- high temperature [above 38°C] or generally feeling unwell
- severe pain
- a smelly vaginal discharge

Please notify Dr Maghazaji OR the hospital where the procedure was done if you develop any of these symptoms

Follow up
It is very important for you to attend your 3 month follow-up appointment. At this visit you have another Colposcopy which will closely examine the cells of the cervix and check if all the abnormal cells have been removed with the LLETZ procedure.

You will also be advised to have another appointment at 6 & 12 months following the LLETZ procedure for a Colposcopy and Pap smear.

You will then require yearly Pap smears. 5 – 10 % of abnormal [dysplastic or pre-cancerous] cells become cancerous later in life. It is therefore very important for you to have yearly smears to pick up any abnormal cells well before any cancer occurs.

Your next appointment is on

Date................................................

At...............................am / pm

In Dr Maghazaji’s rooms
at
521 Lower North East Road Campbelltown
Tel 72255597